

TEMPO

ST. LOUIS

We are women from every industry, who connect with intention and invest in one another's growth.

We understand that leadership is stronger—and more impactful—when it's shared.

With more than 800 members, TEMPO is the largest professional women's network of its kind in Wisconsin with a 50-year track record of success.

Now, we're bringing that same energy, access, and momentum to St. Louis.

AS A TEMPO MEMBER YOU WILL EXPERIENCE:

- A powerful network of women who lead and lift others
- Thoughtful, relevant programming
- Opportunities to grow, learn, contribute, and shape something meaningful
- Curated networking
- Connections that open doors—professionally and personally
- Participation in annual survey: Voices of Women at Work St. Louis
- Access to the full TEMPO member network and directory
- Opportunities for leadership involvement

MISSION

To further the impact of women leaders.

VISION

A society where women hold an equal place in leadership, policy & decision-making.

TEMPO MEMBERSHIP

TEMPO St. Louis members represent diverse industries, nonprofits and companies from throughout the St. Louis Region. They are senior, executive, and C-Suite level leaders who are committed to growing and sustaining a network for and by women.

WHAT IT FEELS LIKE TO BE PART OF TEMPO

- It's walking into a room and immediately finding your people.
- It's conversations that go deeper than surface-level networking.
- It's being challenged, supported, and seen as a leader.
- It's knowing you're not building your career—or your impact—alone.

“TEMPO St. Louis started, quite simply, because women kept asking for it. I found myself connecting incredible leaders who were all looking for the same thing—meaningful relationships, thoughtful conversation, and a stronger sense of community. TEMPO is bringing that to life in a powerful way here.”

MEMBER PROFILE



PROFESSIONAL EXPERIENCE

10+ years professional experience



ADDITIONAL EXPERIENCE

5+ years of C-suite or senior/
executive-level experience



LEADERSHIP

Her organization/company's top
executive or engages/has direct
working involvement with top
executives



COMMUNITY INVOLVEMENT

Leadership in professional and/or
civic organizations



Marianne Hayes

Market Development Executive, BDO

CONNECTION

Meaningful connections are at the heart of the TEMPO member experience.

SOCIALS

Informal social receptions provide an opportunity to meet new women, strengthen existing relationships, and expand your professional network. Members are encouraged to bring guests, making these events a welcoming introduction to the TEMPO experience.

1:1 COFFEE CONNECTIONS: MONTHLY

Expand your network one conversation at a time. Each month, TEMPO facilitates Coffee Connections between interested members, creating a simple, low-pressure way to meet fellow women leaders outside your immediate circle. Whether you're looking to exchange ideas, gain a fresh perspective, or simply make a new connection, we'll make the introduction. Just let us know if you'd like to participate, and the TEMPO team will provide contact information for you and your Coffee Connection to connect.

TEMPO MEMBER DIRECTORY

Your membership connects you to more than just the St. Louis chapter. Through the TEMPO Member Directory, you'll have access to a growing network of accomplished women leaders—including more than 800 members in the Milwaukee region, with additional women joining the network as TEMPO expands. Whether you're seeking a business connection, industry expertise, a trusted referral, or a leadership peer in another market, the directory extends the value of your membership beyond your local community.



"Every time I walk into a TEMPO event, I leave with something I needed — a connection, a reframe, a reminder of why the work matters. That's not luck. That's what this community is designed to do."

Christy Brown

President, Alverno College



PROFESSIONAL DEVELOPMENT

TEMPO's professional development programming is designed specifically for women leaders. Our interactive learning experiences address the opportunities and challenges women face in leadership today, equipping members with practical strategies, fresh perspectives, and actionable takeaways. Each program helps you lead with greater confidence, expand your influence, and stay ahead in a rapidly changing business environment.



Employee Resource Group (ERG) Best Practice Session | Virtual | Dec. 2, 2026 | 4:00-5:30 p.m.

This program connects leaders and stakeholders of corporate affinity groups and provides them with best practices and resources for organizations to support their female talent. Past program topics have included:

- Why ERGs Are More Important Than Ever
- Engaging Men as Allies
- How to leverage ERGs to Advance Your Leadership Journey



Economic Outlook: January | In Person | 4:00-6:00 p.m. | Venue TBD

Start the year with a strategic advantage. TEMPO's Economic Outlook features respected economists and business leaders who provide timely, relevant insights on the local, national, and global economic trends shaping the business landscape. Leave with a deeper understanding of the forces influencing your organization, industry, and career—and the knowledge to make more informed decisions throughout the year.

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TEMPO Masterclass: March 17, 2027 | Virtual | Noon-2:00 PM

The Master Class is designed to equip women leaders with the tools, insights, and strategies needed to navigate today's rapidly evolving workplace. This program will feature a keynote address, followed by 8-10 breakout sessions led by TEMPO member experts in their fields (from St. Louis and Milwaukee). Attendees will gain frameworks and techniques that can be applied to enhance effectiveness in today's rapidly changing workplace.

ADVOCACY

Leverage TEMPO's collective influence to shape regional conversations, inform policy and champion solutions that support women's professional advancement.

TEMPO's annual research gives voice directly to women. This survey focuses on the experiences of women in the workplace —what supports are making a difference, what barriers remain, and what organizations and communities can do to better attract, retain, and advance women leaders in St. Louis.

This study will be conducted with local women leaders in September 2026, with results being shared at a Community Conversation in November at Washington University. The program will explore how factors like ambition, burnout, flexibility, sponsorship, and advancement pathways are shaping women's leadership trajectories in our region.

Watch for more information as we launch our survey in the coming weeks. Be a part of this important conversation in St. Louis!

RESEARCH PARTNER:



Milwaukee Risks Losing
Women Leaders Over
Advancement Barriers,
Study Find

BizTimes
MILWAUKEE BUSINESS NEWS

ManpowerGroup®

TEMPO

THE WORLD
MOVES
WHEN WOMEN
RISE



JOIN US. LEAD WITH US. SHAPE WHAT'S NEXT.

Meet the Team!



Jen Dirks
TEMPO
President & CEO



Julie Granger
TEMPO
Chief Partnerships Officer



Kelsiee Arreguin
TEMPO
VP, Programs &
Signature Events



Turkessa McCoy
TEMPO
Dir, Member
Engagement



Diavian Lyons
TEMPO
Mgr, Member
Experience



Zoe Arreguin
TEMPO
Mgr, Marketing
Communications

MEMBERSHIP

Become part of a community of accomplished women leaders who are committed to advancing one another, strengthening the leadership pipeline, and shaping the future of women throughout the St. Louis region.

Annual membership dues are \$750 and include all member programming and networking from September 2026 through September 2027. Your dues are invested directly into delivering exceptional programming, leadership experiences, and meaningful opportunities to connect with fellow members.

As one of the first 50 members, you'll be recognized as a TEMPO St. Louis Founding Member—a distinction that reflects your role in establishing a lasting legacy for women leaders in our region. Founding Members will have the unique opportunity to help shape the organization by contributing to program and content development, supporting membership growth, and influencing the direction of TEMPO St. Louis during its inaugural year.

TAKE THE NEXT STEP

Scan here to complete your membership application and become part of the founding class of TEMPO St. Louis.



“My experience with TEMPO reinforced that a collective voice is a force multiplier. When strong women lead together, people pay attention. TEMPO creates that platform—and it’s worth every investment you make in it.”

Peggy Williams Smith

CEO, VISIT Milwaukee

JOIN US. LEAD WITH US. SHAPE WHAT'S NEXT.

CORPORATE PARTNERS

Organizations looking to demonstrate their commitment to advancing women in leadership are invited to become Corporate Partners of TEMPO St. Louis. Partnerships provide unique visibility with an influential network of executive women while supporting the launch of a premier leadership organization in the region. A limited number of partnership opportunities are still available.

Thank You!

CATALYST PARTNERS



RESEARCH PARTNERS



PROGRAM PARTNER



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For questions about Membership or Corporate Partnerships, contact Julie Granger, Chief Partnerships Officer, at jgranger@tempomilwaukee.org or call 414.788.4333

"Organizations like TEMPO play a vital role in connecting, developing and advancing women leaders, while creating a more vibrant business community. We believe a St. Louis chapter will provide meaningful opportunities for women to build relationships, share experiences and amplify their collective impact across our region."



Carrie Hermeling
Partner, Husch Blackwell